

SPEECH AND LANGUAGE THERAPY DEPARTMENT

SPEECH AND LANGUAGE THERAPY GUIDELINES FOR PARENTS OF CHILDREN WITH AUTISUM

Respected Parents,

Due to the Covid-19 pandemic and lockdown situation and schools being closed, we are sharing some guidelines to help you with your child and avail the opportunity to spend more time with him/her. Please also follow the speech and language therapy plans which have been given to you by the speech and language therapist of your child.

Work should be done keeping in mind child's 'likes' and 'dislikes', so the child participates fully in the activities and have fun doing them.

- Develop child's sitting behavior and control his attention by using different visual 3-dimensional objects e.g ring tower, bubbles , puzzles etc.





Activities should be accompanied by continuous verbal prompts and immediate feedback.



- Create a Spark routine or you can OWL (Spencer. E, 2013) that is Observe, Wait and Listen, that is observe your child what he/she is doing, wait and listen, then participate in the activities he/she is doing and create opportunities for your child to learn.



- Develop Child's turn taking and joint attention with the help of pretend play.



- Develop Nonverbal Gross and Fine motor imitation (Gross motor skills includes the entire body e.g ‘ arms up, clap hands, blow, (Fine motor skills includes small movement of fingers, lips, tongue e.g stick out tongue, touch your nose etc out etc. with the help of different rhymes e.g ‘head, shoulder ,knees and toes, wheel on the bus, etc. Activities can be done in front of the mirror to make it easier for the child to imitate.



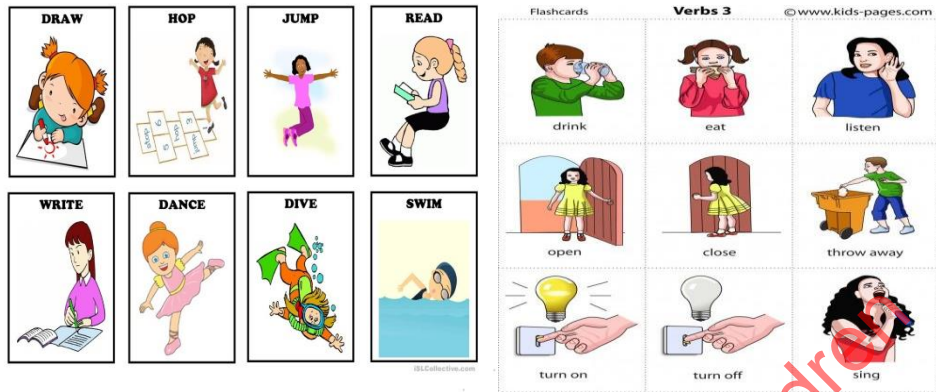
- Develop Child’s receptive language skills, that is understanding and following your commands, e.g , ‘come here’ sit down, open the door , etc.



- Build his\her expressive vocabulary by introducing 3-Dimensional objects of household things, animals, and asking him/her questions like “what is this?”, verbal cues or prompts should be given along with immediate feedback.



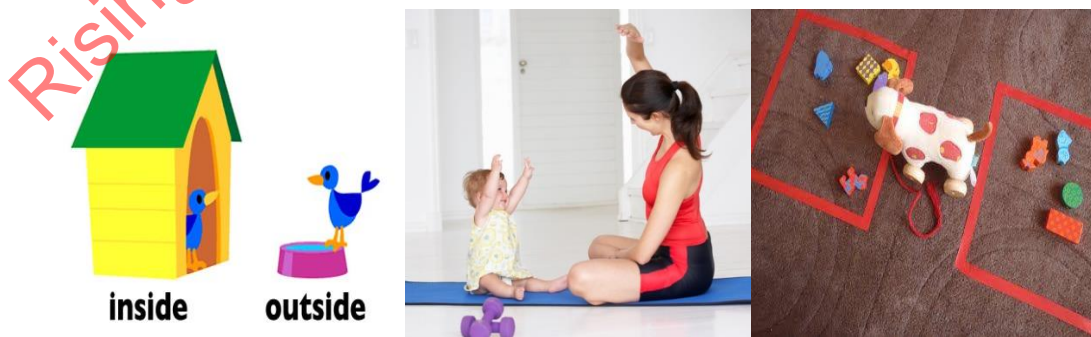
- Building early action verbs such as eating, jumping, running, dancing etc with the help of toy characters carrying out different actions, and generalizing it simultaneously.



- Build Child’s functional vocabulary such as “more, two, big, I, look, see, play, want ,sticky, catch, stuck, finished, jump, stop, dig, wait, good, help, home, lunch, going”. This should be done verbally along with gestures or physical actions to help the child learn the vocabulary e.g give gesture for ‘more, two etc.



- Giving different concepts , e.g “ front, back, up , inside, outside, down, under, between etc with the help of toys.





Note for Parents

Try to create as much as possible reasons for your child to communicate.

Avoid sweets, cakes, biscuits, cookies, etc and fuzzy drinks and artificial juices that makes the child hyperactive.

The child will perform better when he/she is not hyperactive.

Thank You

Rising Sun Institute for Special Children