

Work Related Behaviors

Guidelines for children with special needs

Respected parents

When you start working on the behavior of child keep in mind few points of work related behaviors for children who have not developed. Eye contact, eye hand coordination, imitation, attention and concentration, command following and on seat behavior are important for better improvement in child's performance. So guidelines given below should be kept in mind while doing session.

Eye Contact

Eye contact with person and objects can be improved through different activities like bubbles blowing, rattle shaking, child's favorite toy move up and down, put object near nose, make funny faces etc.



Material: Bubbles, Rattle, Favorite Toy, Swing, Ring Tower

Activity Example 1:

Engage your child in a fun bubble blowing activity. Catch the bubble and burst the bubbles.

Watch for the hope of more bubbles. Wait for eye contact to the bubbles before you blow more bubbles.



Activity Example 2:

Choose a sound producing toy like rattle then stop the sound and wait for your child to look at the rattle before starting again



Activity Example 3:

Give your child one ring at a time and encourage him/her to look at you before giving the next ring. If child lost interest put it on the head, throw and catch it then hide it behind your back. As soon as you get eye contact, hand over the ring to the child.



Activity Example 4:

Stand in front of your child when he/she is on the swing/rocking horse etc. Occasionally stop the swing and say “Ready, set” – wait a few moments in the hope that child may look at you and then immediately say “Go.” As child turn to look at you more readily, you can encourage a vocalization for “Go.”



Eye hand coordination

Child can improve Eye hand coordination with different activities like bouncing ball, tossing a small balls in a box, rolling a ball to hit down bottles etc.

Material: Ball, Rings, sticks

Activity Example 1:

Practice your child for catching and throwing balls. In start, child can do catch and throw with your help. Gradually eliminate the help and encourage to catch and through independently.



Activity Example 2:

Give the ring in child's hand and toss it over the sticks. As child can do it encourage him. At start child can toss when he is standing close to the ring stand. With the passage of time make distance from the stick.



Imitation

Child can imitate your actions and words. like clapping



Material:

Mirror, table

Activity Example 1:

Use baby rhymes for imitation with the child like pet a cake clap clap etc.



Activity Example 2:

Encourage your child to recognize the words “So big” as a game for imitation. You say “How big is (your child’s name)?” Then raise your arms high over your head and say, “So big!” At first you can assist the child by physically lifting his hands over his head. After doing this many times, you may just need to gently touch your child’s hands. Gradually, child will imitate the movement independently.



Attention and Concentration

Child can improve attention and concentration with different activities like beading, coloring, cutting, block building, sorting

Material: paper, Scissor, Crayons colors, beads, String

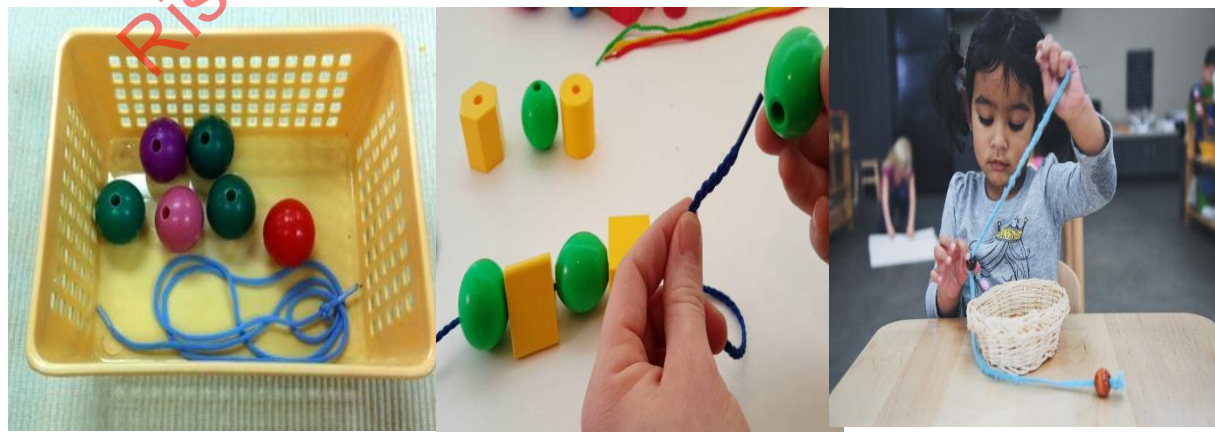
Activity Example 1:

Kindly think about the safety of the child. Scissor is a dangerous thing for children. Use round tip scissors for children according to the level of child. Give him paper and scissor for cutting. Initially ask to the child to cut the paper in small pieces then give him simple pattern for cutting like straight line, circle etc.



Activity Example 2

Put the beads in a container with an accompanying string. The string has a knot at one end, one by one, a child threads the first bead onto the string. After pulling it all the way to the knotted end, child begin again with the next bead. And so on, until all the beads from the container are on the string.



Activity Example 3:

You encourage the child to sort the beads/ blocks/ buttons into similar groupings based on the type of the color. Notice there are three different colors as well as three color baskets. The child will then come over and continue to sort through the one color and place other color of the same type into the same color baskets.



Command Following

Use short commands (stand up, sit down, come here, stop). It can be simple verbal commands or use visual aids

- follow simple 1 step command (e.g. “Give the cup to mum”).
- follow 2 step commands (e.g. “Go to your room and get your jacket”).
- follow 3 step instructions (e.g. “Point to the cat, dog and monkey”).



On Seat-Behavior

In start, child should sit with minimum time and with favorite object or toy. After some time eliminate favorite object or toy and focus on his/her goals. Gradually increase time.



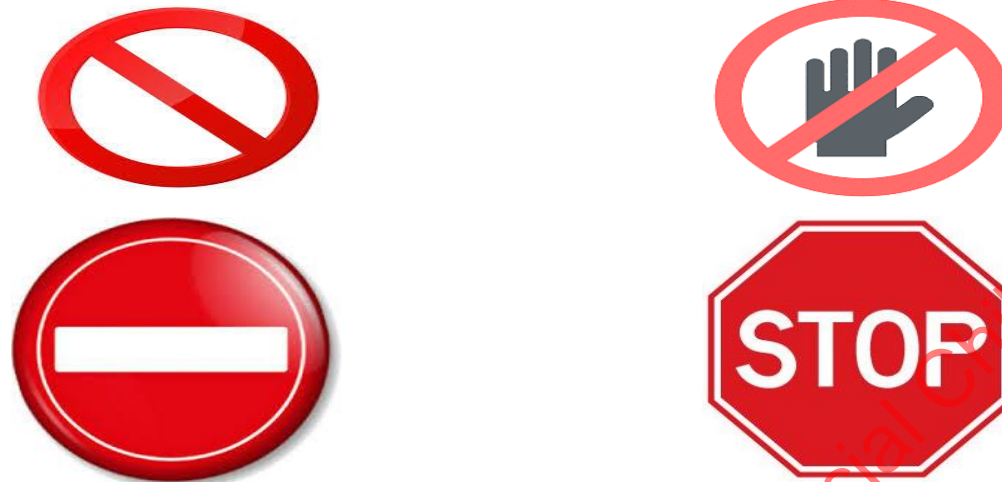
Table chair (Structure way) will be used. if not available or child will not sit on table chair. you can use mat or any sheet for floor sitting. You should minimize distracted things.



Other consideration while working on work related behavior

Identify and avoid dangerous areas

Child can identify and remain safe from dangerous areas.



Cleans up work area

Child should clean work area at the end.



Note: All these activities are just for example you can use things which are available at your home. Like cap of water bottles for beading and sequencing, color baskets for sorting, small box for tower etc.